This Life

Beats:	Steps:	4 Wall Lower Intermediate Linedance

SAILOR, SAILOR, BACK, ROCK FORWARD, FULL TURN TRIPLE

1&2	Sailor: Step R behind L, Step L to L side, Step R to R side
3&4	Sailor: Step L behind R, Step R to R side, Step L to L side
5,6,	Rock back onto R, Rock forward onto L,
7&8	Triple step turning full turn Right, R-L-R

FORWARD, ROCK , BACK DRAG, BACK, BACK, BACK ROCK

1,2,3,4	Rock forward onto L, Rock back onto R, Step back onto L, Drag R back
5,6,7,8*	Step back onto R, Step back onto L, Rock back on R, Rock forward on L

PIVOT TURN,KICK BALLCHANGE,SIDE TOGETHER SIDE TOUCH

1,2,	Step forward onto R, Pivot ½ turn L,
3&4	Kick R forward, Step L together, Step R together,
5,6,7,8	Step R to R side, Step L beside R, Step R to R side, Touch L beside R

SIDE TOGETHER SIDE TOUCH, PADDLE ¼ , KICK BALL CHANGE

1,2,3,4	Step L to L side, Step R beside L, Step L to L side, Touch R beside L
5,6	Paddle: Step R forward, turn ¼ L, Take weight on L
7&8	Kick R forward, Step R together, Step L together.

32   **DANCE STARTS AGAIN IN NEW DIRECTION**

RESTART: On WALL 3 dance until Beat 16* then restart facing 6.00